#### SHAKTI....

Shakti is a creative movement for women initiated by 'Vijnan Bharati' recognizes the importance of women in the society and in progress of the nation and aims to bring together to awaken their potential and enhance their perceptions of the social, economic, cultural and intellectual aspects of life through involvement with the scientific fraternity to formulate beneficial mechanisms for the betterment of mankind.

#### **OBJECTIVES**

- □To enable women to feel empowered and inspired to live their best lives and achieve their highest level of wellness.
- □To aware themselves for their intrinsic qualities that can be helpful in nation building.
- ☐To aware the importance of culture and traditions to improve wellness.
- ☐Importance of women's health for their wellness

#### THEME OF SEMINAR

- ☐ To encourage women to make themselves priority and practice simple wellness ideas to improve their overall well being.
- ☐ To enhance the capability of women to look after the normal health and health education.
- ☐ To encourage and support activities to integrate traditional and modern systems of health care and improve their wellness. The basic culture of the region implies a lot on complete wellness of the women.
- ☐ The wellness of the women makes family happy and prosperous and ultimately the society
- ☐ To provide a platform for sharing the views and knowledge.

Dr. Shankar V. Tatwawadi Ji
CHIEF PATRON
Chief Mentor, VIBHA
Nagpur

Prof. Keshari Lal Verma PATRON

Vice Chancellor,
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President, SHAKTI, Raipur





# CULTURE DEPARTMENT CHHATTISGARH STATE

&



OUTREACH CENTRE
PT. RAVISHANKAR SHUKLA
UNIVERSITY, RAIPUR
Sponsored

Two days National Seminar on "Women's wellness: Impact of health and Culture" 28<sup>th</sup> -29<sup>th</sup> July 2018



A National Movement for Women Reg. No.: ER-294/04 URL:shaktibharat.org.in

Organized by SHAKTI, Raipur Chhattisgarh



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# **Two days National Seminar on**

"Women's wellness: Impact of health and Culture"



28<sup>th</sup> -29<sup>th</sup> July 2018



# **Registration Form**

(Please Fill All In capitals) Name
Designation
Qualification and specialization
Age Sex Sex Organization
Mailing Address
Mob:

## Signature and Date.....

\* No Registration Fee will be charged from the registered delegates

## Venue:

M.L.Shroff Hall

University Institute of Pharmacy, ess

Pt. Ravishankar Shukla University, Raipur,

Chhattisgarh

# Founder Shakti, Chhattisgarh Dr. Usha Dubey National Executive Members

**Dr. Sunanda Denge** 

**Dr. Swarnlata Saraf** 

# **Shakti Office Bearers**

**Patron** 

Dr. GeetaTiwari

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**President** 

**Dr. Swarnlata Saraf** 

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**Vice President** 

**Dr. Aruna Choubey** 

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**Dr. Vandana Kumar** 

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**Dr. Smita Sharma** 

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**Dr. Chanchal Deep Kaur** 

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**Joint Secretary** 

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